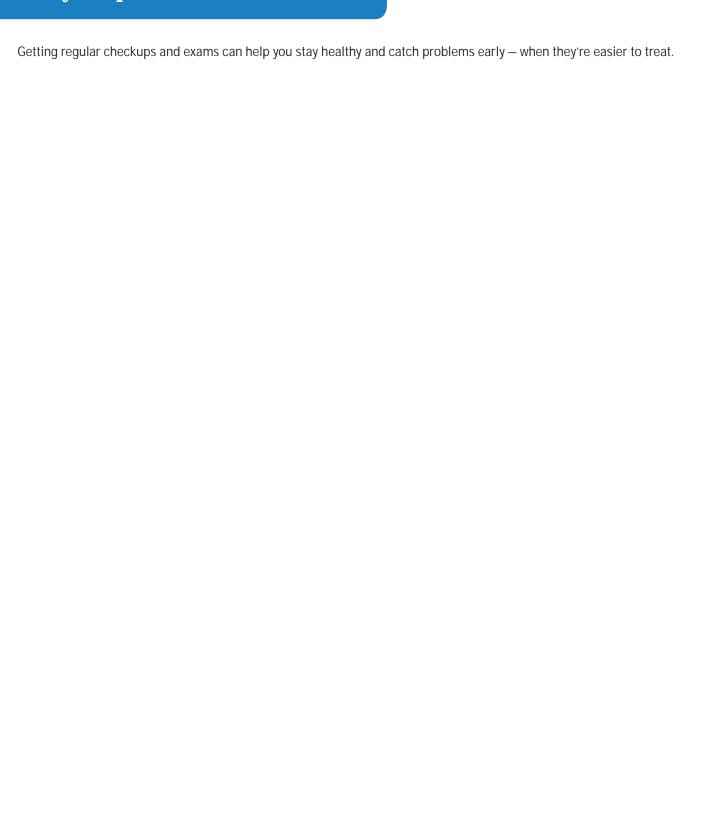
Take care of yourself Use your preventive care bene ts



100%

• Meet certain age requirements and other rules.

- Get prescriptions from plan providers and II them at plan pharmacies.
- Have prescriptions, even for OTC items.

- Aspirin use (81 mg and 325 mg) for the prevention of cardiovascular disease, preeclampsia and colorectal cancer b adults less than 70 ears old.
- Colonoscop prep kit (generic or OTC onl) when prescribed for preventive colon screening
- Generic low to moderate dose statins for members that are 40-75 ears and have 1 or more CVD risk factors (d slipidemia, diabetes, h pertension, or smoking)
- Tobacco-cessation products, including all FDA-approved brand and generic OTC and prescription products, fem a7g(ed)6w1 1.i31891 nwd a3 (, f 6, o)2 e21 (a8(c O)22 (ear)-14 (s (o m)3 (od(nin)7

4 Check your medical policy for details.

^{1.} The range of preventive care services covered at no cost share when provided by plan doctors is designed to meet state and federal requirements. The Department of Health and Human Services decided which services to include for full coverage based on U.S. Preventive Services Task Force A and B recommendations, the Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention (CDC), and certain guidelines for infants, children, adolescents and women supported by Health Resources and Services Administration (HRSA) Guidelines. You may have additional coverage under your insurance policy. To learn more about what your plan covers, see your Certificate of Coverage or call the Member Services number on your ID card.

2 Some plans cover additional vision services. Please see your contract or C₁₋₁₋₁ C₁ for details.

³ You may be required to get preapproval for these services.

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